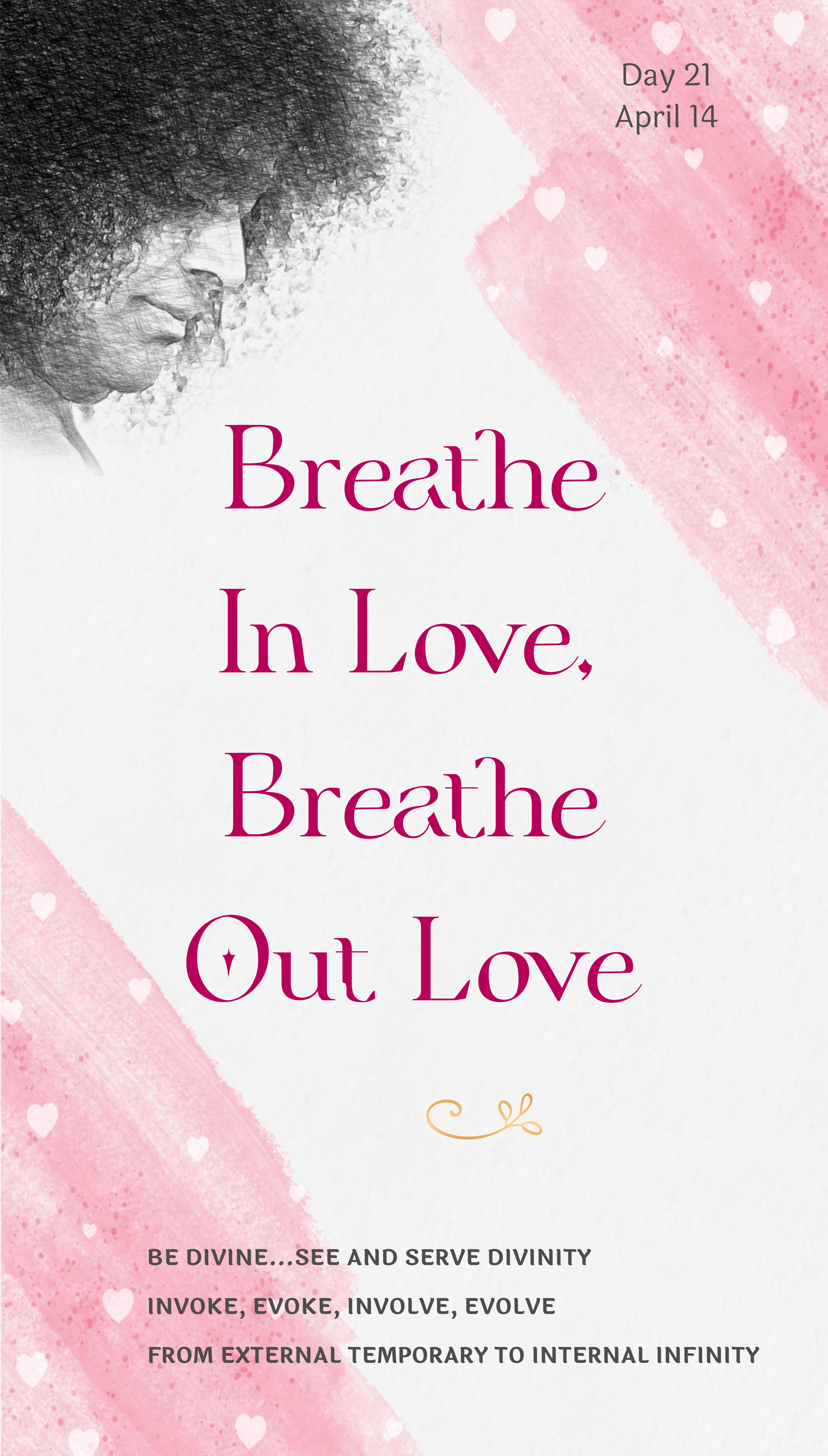


Day 21
April 14



Breathe
In Love,
Breathe
Out Love



BE DIVINE...SEE AND SERVE DIVINITY

INVOKE, EVOKE, INVOLVE, EVOLVE

FROM EXTERNAL TEMPORARY TO INTERNAL INFINITY

- **Breath.** When we are conscious of each breath, we breathe consciously and in that moment, we embrace and are embraced by the present completely. With each breath, we can release our past and our stress!
- With each inhalation, let us breathe in Sai...and with each exhalation, let us expel all that is not required. With each breath, let us assume that wonderful pranas are entering and revivifying each cell of our being. Let us breathe in the Wisdom of the Ancient Masters that as yet...silently echoes through the environment...and...as we exhale, let us cast out all that doesn't serve our purpose.
- **Let us be aware that each breath links us to the magical, mystical melody of Sri Krishna's Flute, touching our very core, making our heart overflow with bliss supreme. So too, each breath reverberates with Lord Shiva's Dumroo...a sound that resounds – My dearest child, all is well...know this to be true...I am forever with you!**
- **Each breath is a stream of Mother Sai's Cosmic Love...that holds within it an ambrosial whisper – Why fear when I am here...You are Divine...You are Mine...I am in You...You are in Me...You and I are One.**
- **Each breath is a call of Oneness from the Universe.**
- Today, shall we acknowledge that each breath...is a gentle breeze of the Lord's Love that we are constantly breathing in? Knowing that Bhagawan is and we are His...let us then, breathe in Beloved Bhagawan's Presence and breathe out His Essence; breathe in His



Selflessness and breathe out His Magnanimity; breathe in His Purity and breathe out His explicit Simplicity; breathe in His Peace, Compassion and Equanimity and breathe out His Cosmic Harmony and Gentle Mercy.

- **Let us breathe in His Strength and Kindness and breathe it out into all kinds of Seva...service activities...that touch at least a few lives every day.**
- **On this day, let us breathe in Beloved Mother Sai's Pure Love and being enveloped in that Divine Aura of myriad hues of wondrous colours -**

Share A Shower Of Prema And Blossom As Bhagawan's Breathtaking Premaswarupulara!